**Recsters**

**Summer Camp**



**2025**



Dear Families,

Here is a brief explanation of some of the activities that are included in the summer activity schedule:

**Rotations**- During this time Recsters will rotate to four different activities during the week. The activities are cooking, crafts, fitness, and science.

**Age groups**– During these times they will be divided into two groups based on their age and will participate in an activity.

**Quiet Reading**– Recsters will go to the library at the beginning of each week and will be expected to check out books at their appropriate reading level to enjoy during our quiet reading time each day after lunch. We also have books available in the Recsters room, if needed.

**Pool Time**– We will be swimming around two-three hours a day at the Aquatic Center. Recsters should bring their swimsuits, towels, and sunscreen, unless noted on the schedule. If needed, counselors will assist with putting on sunscreen. **It is required that each child has sunscreen on before they enter the pool.** We will reapply half-way through swimming time.We understand we will have some non-swimmers in the program. We will have life jackets at the aquatic center if needed. We will also try to group non-swimmers into certain areas with a dedicated staff member.

**Field Trips– There will be one field trip scheduled each week. Please refer to the note section on the bottom of each page for any additional information. If your child does not go on the field trip, you will need to provide care for that time frame.**

**Library program**– We will be participating in the North Liberty Library Summer Reading Program, usually held on Tuesdays.

**Lunch & Snack- Recsters will need to bring a sack lunch every day to program unless noted otherwise. Recsters should also pack TWO snacks every day** because we have snack in the morning and afternoon. **Please refrain from peanut butter snacks as we could have potential participants with peanut allergies.**

**RAKs-** Random Acts of Kindness, or RAK, is an activity done every Friday before lunch. This involves all Recster kids performing an act of kindness somewhere around the Rec Center or within walking distance in the City. Nothing is needed to be provided by parents for RAKs.

The schedule is subject to change due to unforeseen circumstances, but we like to stick as close to the schedule as possible. We are all looking forward to having a great summer! If you have any questions or concerns, feel free to contact us at any time!

**Program Director**

***Matt Fielder***

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**Head Counselor**

***Kendra Schramm***

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Recster office- 319-626-5734

Recsters Cell– 515-490-3699

**Week 1** *June 9th-13th*

**Blank Park Zoo**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, June 9th | | Tuesday, June 10th | | **Wednesday, June 11th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:00** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:15-8:30** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:15-8:30** | **Load the Bus** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **8:30** | **Leave Rec** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **12:00-12:30** | **Lunch @ Zoo** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **3:15-3:30** | **Load the Bus** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **5:30** | **Return to Rec** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **5:30-6:00** | **Free Time** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading |  |  |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool |  |  |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool |  |  |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack |  |  |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, June 12th | | Friday, June 13th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

**FIELD TRIP: Wednesday June 11th, Blank Park Zoo, Des Moines, IA**

* Wear your field trip shirts and bring sunscreen on Wednesday.
* Recsters will eat lunch at Blank Park Zoo (Please send money to purchase lunch at the Zoo). You may send extra money for the gift shop.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 2** *June 16th-20th*

**Lost Island- Theme Park**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, June 16th | | Tuesday, June 17th | | **Wednesday, June 18th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:15** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:15-8:30** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:30-8:45** | **Load the Bus** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **8:45** | **Leave Rec** |
| 9:30- 10:00 | Library Groups | 9:45-10:15 | Rotations | **12:00-12:30** | **Lunch @ LITP** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **3:45-4:00** | **Load Bus** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **5:45** | **Return to Rec** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **5:45-6:00** | **Free Time** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading |  |  |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool |  |  |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool |  |  |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack |  |  |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, June 19th | | Friday, June 20th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

**FIELD TRIP: Wednesday June 18th, Lost Isnad- Theme Park in Waterloo.**

* Wear your field trip shirts and bring sunscreen on **Wednesday**.
* Recsters will eat lunch at Lost Island- Theme Park (Please send money to purchase lunch).
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 3** *June 23rd – 27th*

**CR Kernels**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, June 23rd | | Tuesday, June 24th | | **Wednesday, June 25th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-7:45** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **7:45-8:00** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:00-8:15** | **Snack** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **8:15-8:45** | **Group Game** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **8:45-10:00** | **Free Time** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **10:00-10:30** | **Lunch** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **10:30-10:45** | **Load the Bus** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **10:45** | **Leave the Rec** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading | **3:15-3:30** | **Load the Bus** |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool | **4:00** | **Return to Rec** |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool |  |  |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack |  |  |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, June 26th | | Friday, June 27th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

**FIELD TRIP: Wednesday June 25th, Kernels baseball Game in Cedar Rapids.**

* Wear your field trip shirts and bring sunscreen on **Wednesday**.
* Recsters will need home lunch on Wednesday as we will eat before we leave.
* You may send money for water and any other concessions.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 4** *June 30th -July 3rd*

**Fun Station**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, June 30th | | Tuesday, July 1st | | **Wednesday, July 2nd** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:30** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:45-9:00** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **9:00-9:15** | **Snack** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **9:15-10:00** | **Group Game** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations 1 | **10:00-10:45** | **Outside** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Rotations 2 | **10:45-11:45** | **Free Time** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **11:45-12:15** | **Lunch** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **12:15-12:30** | **Load the Bus** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading | **12:30** | **Leave the Rec** |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool | **3:15-3:30** | **Load the Bus** |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool | **4:00** | **Return to Rec** |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack | **4:00-6:00** | **Free Time** |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, July 3rd | | Friday, July 4th, 2023 | |  |  |  |
|  | 7:00-8:30 | Free Time | Happy 4th! | No Program! |  |
|  | 8:30-8:45 | Daily Agenda |  |  |  |
|  | 8:45-9:00 | Snack |  |  |  |
|  | 9:00-9:30 | Group Game |  |  |  |
|  | 9:30-10:00 | Rotations |  |  |  |
|  | 10:00-11:00 | Library Program |  |  |  |
|  | 11:00-12:00 | RAKs |  |  |  |
|  | 12:00-12:30 | Lunch |  |  |  |
|  | 12:30-12:45 | Star Store |  |  |  |
|  | 12:45-1:00 | Change for Pool |  |  | |  |
|  | 1:00-3:45 | Pool |  |  |  |
|  | 3:45-4:00 | Snack |  |  |  |
|  | 4:00-4:45 | Group Game |  |  |  |
|  | 4:45-6:00 | Free Time |  |  |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

**FIELD TRIP: Wednesday July 2nd, Fun Station in Cedar Rapids.**

* No program July 4th!
* Wear your field trip shirts on **Wednesday.**
* Recsters will need home lunch on Wednesday as we will eat before we leave.
* You may send money for water and any other concessions.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 5** *July 7th- 11th*

**Fun City**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Monday, July 7th | | | | Tuesday, July 8th | | | | | **Wednesday, July 9th** | | | |
| 7:00-8:30 | Free Time | | | 7:00-8:30 | | Free Time | | | **7:00-8:00** | | **Free Time** | |
| 8:30-8:45 | Daily Agenda | | | 8:30-8:45 | | Daily Agenda | | | **8:00-8:15** | | **Daily Agenda** | |
| 8:45-9:00 | Snack | | | 8:45-9:00 | | Snack | | | **8:15-8:30** | | **Load the bus** | |
| 9:00-9:30 | Group Game | | | 9:00-9:45 | | Group Game | | | **8:30** | | **Leave the Rec** | |
| 9:30-10:00 | Library Groups | | | 9:45-10:15 | | Rotations | | | **10:00-12:00** | | **FC Arcade** | |
| 10:00-10:30 | Rotations | | | 10:15-11:15 | | Free Time | | | **12:00-12:30** | | **Lunch @ FC** | |
| 10:30-11:15 | Free Time | | | 11:15-12:00 | | Outside | | | **12:30-4:00** | | **FC Water Park** | |
| 11:15-12:00 | Outside | | | 12:00-12:30 | | Lunch | | | **4:00-4:15** | | **Change** | |
| 12:00-12:30 | Lunch | | | 12:30-12:45 | | Quiet Reading | | | **4:15-4:30** | | **Load the Bus** | |
| 12:30-12:45 | Pool Rules | | | 12:45-1:00 | | Change for Pool | | | **5:45** | | **Return to Rec** | |
| 12:45-1:00 | Change for Pool | | | 1:00-3:45 | | Pool | | | **5:45-6:00** | | **Free Time** | |
| 1:00-3:45 | Pool | | | 3:45-4:00 | | Snack | | |  | |  | |
| 3:45-4:00 | Snack | | | 4:00-4:45 | | Group Game | | |  | |  | |
| 4:00-4:45 | Group Game | | | 4:45-6:00 | | Free Time | | |  | |  | |
| 4:45-6:00 | Free Time | | |  | |  | | |  | |  | |
|  |  | | |  | |  | | |  | |  | |
|  | Thursday, July 10th | | | | | Friday, July 11th | | | | |  | |
|  | 7:00-8:30 b | Free Time | | | | 700-8:30 | Free Time | | | |  | |
|  | 8:30-8:45 | Daily Agenda | | | | 8:30-8:45 | Daily Agenda | | | |  | |
|  | 8:45-9:00 | Snack | | | | 8:45-9:00 | Snack | | | |  | |
|  | 9:00-9:30 | Group Game | | | | 9:00-9:45 | Group Game | | | |  | |
|  | 9:30-10:00 | Rotations | | | | 9:45-10:15 | Rotations | | | |  | |
|  | 10:00-11:00 | Library Program | | | | 10:15-11:00 | RAKs | | | |  | |
|  | 11:00-12:00 | Free Time | | | | 11:00-12:00 | Free Time | | | |  | |
|  | 12:00-12:30 | Lunch | | | | 12:00-12:30 | Lunch | | | |  | |
|  | 12:30-12:45 | | Quiet Reading | | 12:30-12:45 | | Star Store | | |
|  | 12:45-1:00 | Change for Pool | | | | 12:45-1:00 | | Change for Pool | | | |
|  | 1:00-3:45 | Pool | | | | 1:00-3:45 | | Pool | | |  |
|  | 3:45-4:00 | Snack | | | | 3:45-4:00 | | Snack | | |  |
|  | 4:00-4:45 | Group Game | | | | 4:00-4:45 | | Group Game | | |  | |
|  | 4:45-6:00 | Free Time | | | | 4:45-6:00 | | Free Time | | |  | |

Notes: Swimming suit, towel, sunscreen: EVERY DAY

**FIELD TRIP: Wednesday, July 9th, to Fun City in Burlington.**

* Wear your shirt on Wednesday, sunscreen, and clothes for **swimming.**
* Recsters will eat lunch at Fun City (Please send money to purchase lunch).
* Recsters will receive a preloaded $30 card which can be used for arcade, bowling, laser tag, etc. Parents may send more money to add to the card.
* Recsters will be swimming at the outdoor water park for the second half of the day.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 6** *July 14th-18th*

**Movie @ the Mall**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, July 14th | | Tuesday, July 15th | | **Wednesday, July 16th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:30** | **Waking Up** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:30-8:45** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:45-9:00** | **Snack** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Snack | **9:00-9:45** | **Group Game** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **9:45-10:15** | **Free Time** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free time | **10:15-10:30** | **Load the Bus** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **10:30** | **Leave the Rec** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **11:00-11:45** | **Lunch @ Mall** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading | **11:45-1:00** | **Walking Around** |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool | **1:00-3:30** | **Movie** |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool | **3:30-3:45** | **Load the Bus** |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack | **4:00** | **Return to Rec** |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game | **4:00-4:15** | **Snack** |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time | **4:15-4:45** | **Group Game** |
| 4:45-6:00 | Free Time |  |  | **4:45-6:00** | **Free Time** |
|  |  |  |  |  |  |
|  | Thursday, July 17th | | Friday, July 18th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

**FIELD TRIP: Wednesday July 16th, Coral Ridge Mall in Coralville.**

* Wear your field trip shirts on **Wednesday.**
* There will be a little time to walk around the mall so you may send money with your child to shop if you’d like.
* Kids will have the option of eating at the food court or bringing their own home lunch that they will eat at the mall.
* You may also send money for optional snacks at the movie theater.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 7** *July 21st-25th*

**Super Skate**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, July 21st | | Tuesday, July 22nd | | **Wednesday, July 23rd** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:30** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:30-8:45** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:45-9:00** | **Snack** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **9:00-10:00** | **Group Game** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **10:00-10:30** | **Outside** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **10:30-11:30** | **Free Time** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **11:30-12:00** | **Lunch** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **12:00-12:15** | **Load the Bus** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading | **12:15** | **Leave the Rec** |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool | **3:15-3:30** | **Load the Bus** |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool | **4:00** | **Return to Rec** |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack | **4:00-6:00** | **Free Time** |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, July 24th | | Friday, July 25th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

**FIELD TRIP: Thursday July 23rd, to Super Skate in Cedar Rapids.**

* Wear your field trip shirts on **Wednesday** and **BRING SOCKS!!!**
* Recsters will need home lunch on Wednesday as we will eat before we leave.
* You may send money for water and any other concessions.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 8** *July 28th- August 1st*

**Lost Island- Water Park**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, July 28th | | Tuesday, July 29th | | **Wednesday, July 30th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:15** | **Free time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:15-8:30** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:30-8:45** | **Load the Bus** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **8:45** | **Leave the Rec** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **12:00-12:30** | **Lunch @ LI** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **4:00-4:15** | **Load the Bus** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **5:45** | **Return to Rec** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **5:45-6:00** | **Free Time** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading |  |  |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool |  |  |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool |  |  |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack |  |  |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, July 31st | | Friday, August 1st | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:30-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: EVERY DAY!

**FIELD TRIP: Wednesday July 30th, to Lost Island Waterpark in Waterloo.**

* Wear your field trip shirt, bring swimming suit, towel, and sunscreen on Wednesday.
* Recsters will eat lunch at Lost Island- Water Park (Please send money to purchase lunch and any other concessions.)
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 9** *August 4th- 8th*

**AIRFX**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, August 4th | | Tuesday, August 5th | | **Wednesday, August 6th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:30** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:30-8:45** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:45-9:00** | **Snack** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **9:00-9:45** | **Group Game** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **9:45-10:45** | **Outside** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **10:45-11:30** | **Free Time** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **11:30-12:00** | **Lunch** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **12:00-12:15** | **Load the Bus** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading | **12:15** | **Leave Rec** |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool | **1:00-3:45** | **ARIFX** |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool | **3:45-4:00** | **Load the Bus** |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack | **4:30** | **Return to Rec** |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game | **4:30-6:00** | **Free Time** |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, August 7th | | Friday, August 8th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday.

**FIELD TRIP: Wednesday, August 6th, to AirFx in Hiawatha, IA**

**IMPORTANT: Parent/Guardian must sign a waiver before we leave!**

* Wear your field trip shirts on **Wednesday**.
* Special “jumping socks” will be provided by AirFx or you can bring your own jumping socks, if you have them.
* Recsters will need home lunch on Wednesday as we will eat before we leave. You can send money for your child to spend at the concessions.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**Week 10** *August 11th- 15th*

**Pizza Ranch**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Monday, August 11th | | Tuesday, August 12th | | **Wednesday, August 13th** | |
| 7:00-8:30 | Free Time | 7:00-8:30 | Free Time | **7:00-8:30** | **Free Time** |
| 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda | **8:30-8:45** | **Daily Agenda** |
| 8:45-9:00 | Snack | 8:45-9:00 | Snack | **8:45-9:00** | **Snack** |
| 9:00-9:30 | Group Game | 9:00-9:45 | Group Game | **9:00-9:45** | **Group Game** |
| 9:30-10:00 | Library Groups | 9:45-10:15 | Rotations | **9:45-10:30** | **Outside** |
| 10:00-10:30 | Rotations | 10:15-11:15 | Free Time | **10:30-11:45** | **Free Time** |
| 10:30-11:15 | Free Time | 11:15-12:00 | Outside | **11:45-12:00** | **Load the Bus** |
| 11:15-12:00 | Outside | 12:00-12:30 | Lunch | **12:00** | **Leave the Rec** |
| 12:00-12:30 | Lunch | 12:30-12:45 | Quiet Reading | **2:45-3:00** | **Load the Bus** |
| 12:30-12:45 | Pool Rules | 12:45-1:00 | Change for Pool | **3:00** | **Return to Rec** |
| 12:45-1:00 | Change for Pool | 1:00-3:45 | Pool | **3:45-4:00** | **Snack** |
| 1:00-3:45 | Pool | 3:45-4:00 | Snack | **4:00-6:00** | **Free Time** |
| 3:45-4:00 | Snack | 4:00-4:45 | Group Game |  |  |
| 4:00-4:45 | Group Game | 4:45-6:00 | Free Time |  |  |
| 4:45-6:00 | Free Time |  |  |  |  |
|  |  |  |  |  |  |
|  | Thursday, August 14th | | Friday, August 15th | |  |
|  | 7:00-8:30 | Free Time | 7:00-8:30 | Free Time |  |
|  | 8:30-8:45 | Daily Agenda | 8:30-8:45 | Daily Agenda |  |
|  | 8:45-9:00 | Snack | 8:45-9:00 | Snack |  |
|  | 9:00-9:30 | Group Game | 9:00-9:45 | Group Game |  |
|  | 9:30-10:00 | Rotations | 9:45-10:15 | Rotations |  |
|  | 10:00-11:00 | Library Program | 10:15-11:00 | RAKs |  |
|  | 11:00-12:00 | Free Time | 11:00-12:00 | Free Time |  |
|  | 12:00-12:30 | Lunch | 12:00-12:30 | Lunch |  |
|  | 12:30-12:45 | Quiet Reading | 12:30-12:45 | Star Store |  |
|  | 12:45-1:00 | Change for Pool | 12:45-1:00 | Change for Pool | |
|  | 1:00-3:45 | Pool | 1:00-3:45 | Pool |  |
|  | 3:45-4:00 | Snack | 3:45-4:00 | Snack |  |
|  | 4:00-4:45 | Group Game | 4:00-4:45 | Group Game |  |
|  | 4:45-6:00 | Free Time | 4:45-6:00 | Free Time |  |

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday.

**FIELD TRIP: Wednesday, August 13th, to Pizza Ranch in North Liberty.**

* Wear your field trip shirts on **Wednesday**.
* The cost of lunch will be covered by Recsters.
* Recsters will receive a preloaded $10 card which can be used for the arcade. Parents may send more money to add to the card.
* All Recsters are encouraged to bring water bottles each day in case we walk to a park.

**NORTH LIBERTY**

**PARTICIPANT EMERGENCY INFORMATION FORM**

Child’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home phone: \_\_\_\_\_\_\_\_\_\_\_\_\_ Mom’s/Dad’s Work phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Child’s School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Birthdate: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In case of emergency, and parents cannot be reached; Notify the following:

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Work phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please list authorized adults able to pick up your child:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Does your child have any health concerns and/ or special needs? Please

explain:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Does your child take any medication? Please explain:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Note any additional information that may be helpful in relating to your child.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_